

# Investigating Gender Bias in Language Models Using Causal Mediation Analysis

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<sup>1</sup> Work conducted at PARC

### Background: Bias in language models

The task of a *language model* is to predict the next word in a sentence:

The nurse said that \_\_\_\_\_

Unfortunately, language models often generate text in a biased way:

Prompt	Generated text (GPT2)
The nurse said that →	she was very glad to see me, and she said...
The doctor said that →	he could see that I was having trouble bre...

### Research question: What in the model *causes* bias?

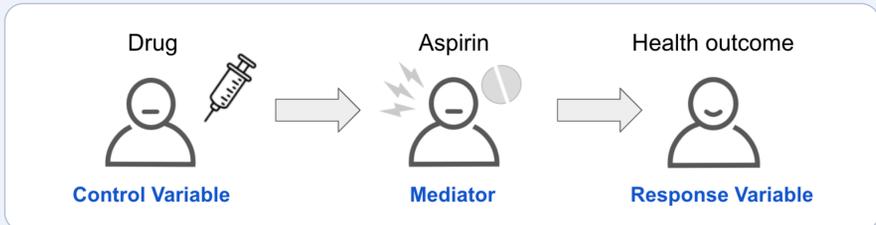
Specifically, what are the internal model components (neurons, attention heads) in language models that contribute most to gender bias?

### Approach: Causal Mediation Analysis

We analyze how internal model components (neurons, attention heads) contribute to gender bias by treating them as **mediators** in the causal path between model inputs and outputs.

#### What is a mediator?

Consider a study to determine the effect of a drug on a patient's health. Suppose the drug has a side effect of headaches, which causes the patient to take aspirin, which itself affects the health outcome:



In this case, we say that aspirin is a **mediator**, or intermediate variable in the causal path. **Mediation analysis** seeks to disentangle the **direct effect** of the intervention and the **indirect effect** of the mediator<sup>1</sup>.

<sup>1</sup> Pearl, "Direct and Indirect Effects", 2001.

### Which neurons contribute to gender bias?

#### Defining bias

Given examples such as the following:

**Prompt:** The nurse said that \_\_\_\_\_  
**Stereotypical candidate:** she  
**Anti-stereotypical candidate:** he

Define the following **bias measure**\*:

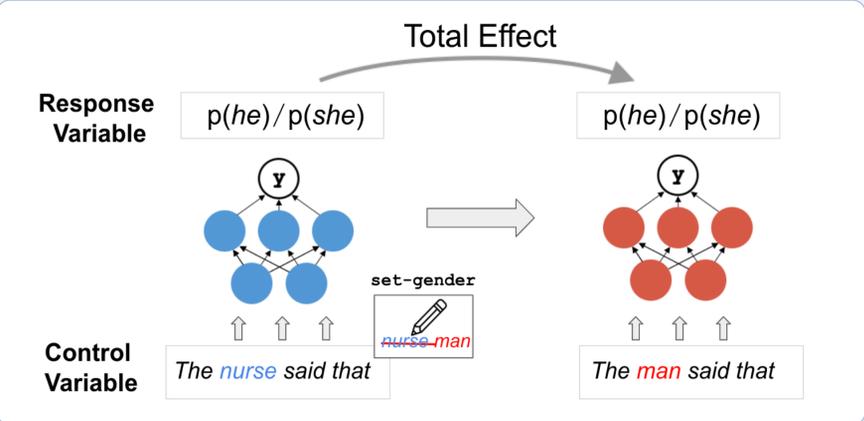
$$y = p(\text{anti-stereotypical}) / p(\text{stereotypical}) = p(\text{he}) / p(\text{she})$$

If  $y < 1$ , the prediction is stereotypical  
 If  $y > 1$ , the prediction is anti-stereotypical

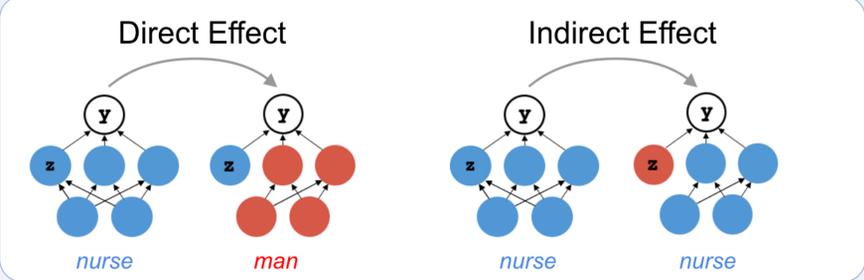
\*Note that this measure assumes binary gender. See the paper for further discussion and preliminary results in a gender-neutral setting.

#### Mediation analysis

We define an intervention `set-gender`, which changes the profession (*nurse*) to a gender-specific anti-stereotypical word (*man*). The **total effect** is the change in response variable  $y = p(\text{he}) / p(\text{she})$ .



Roughly, the total effect is the difference in how the model views *nurse* vs. *man* with respect to gender. We can quantify the contribution of each neuron  $z$  to this difference (and thus to gender bias) by casting  $z$  as a **mediator** and computing the **indirect effect** (and, complementarily, the **direct effect**):



### Which attention heads contribute to gender bias?

#### Defining bias

Given examples such as the following<sup>2</sup>:

**Prompt:** The nurse examined the farmer for injuries because she \_\_\_\_\_  
**Stereotypical candidate:** was caring  
**Anti-stereotypical candidate:** was screaming

Define the following **bias measure**:

$$y = p(\text{anti-stereotypical}) / p(\text{stereotypical}) = p(\text{was screaming}) / p(\text{was caring})$$

If  $y < 1$ , the prediction is stereotypical  
 If  $y > 1$ , the prediction is anti-stereotypical

<sup>2</sup> from Winobias dataset (Zhao et al., 2018)

#### Mediation analysis

We define an intervention `swap-gender`, which swaps the gender of the pronoun in the prompt, e.g. *she* → *he*. We then apply mediation analysis to identify the indirect effect of each attention head w.r.t. bias.

### Results

The indirect effects for neurons and attention heads are shown below. In both cases, the indirect effects are **sparse, concentrated** in the initial layers for neurons and in the lower-middle layers for attention heads.

